

Laboratory services for monitoring your own health in Pirkanmaa, Kanta-Häme, Central Finland, Päijät-Häme and Ostrobothnia

You do not always need a doctor's referral for common laboratory examinations.

Examinations for monitoring your own health have been compiled in the Fimlab OmaLabra service. You can use Fimlab's laboratory services in Pirkanmaa, Kanta-Häme, Central Finland, Päijät-Häme and Ostrobothnia on an OmaLabra referral.

A referral that you have created does not commit you to anything. If you do not use the referral, it will disappear automatically from the OmaLabra system in one month.

OmaLabra examinations are subject to a charge. You can see the examination-specific prices when creating an OmaLabra referral. As you add examinations to the referral, you can see the service and sample collection fees included in the total price of the service. The total price printed on the referral includes only one visit by default.

Save a copy of the referral for your appointment, as they are not sent to the sampling laboratory's system. You can send the OmaLabra referral to your email, print it out or save it to your mobile phone. Our nurse will carry out the tests included in the referral.

OmaLabra examinations require you to book an appointment. Pap tests are only carried out at some of Fimlab's service locations. You can find which services are available in which location under 'Book an appointment' on our website or by calling our customer advice service (tel. 03 311 74445 on weekdays from 8 a.m. to 4 p.m. This number is not used for appointment booking.). Please note that the Nopsa service does not accept OmaLabra referrals.

Read the examination-specific instructions for sample collection times or how to prepare yourself for sample collection under the respective examination in OmaLabra.

A Pap test is an examination that requires special sample collection and a separate appointment. It is not possible to collect other samples in the appointment you booked for your Pap test. If you want other tests (e.g. blood test) taken during the same visit, you will be charged a separate service and sample collection fee for each appointment.

You will receive your results and invoice by post after your appointment.

Examinations that have an option to receive the results by SMS if desired are mentioned separately in the service. Your test results are also transferred to the Kanta Services, where treatment units can access them with your consent. You can view your own results in MyKanta.

The service contains instructions for interpreting the results. Healthcare professionals are responsible for interpreting abnormal results and assessing their significance. Your doctor or nurse will help you with the interpretation. Fimlab does not provide guidance or medical care based on the test results.