

VIRTSANÄYTE KUVAOHJE, NAISET ENGLANNINKIELINEN (MID STREAM URINE TEST, WOMEN) Versio: 1.0

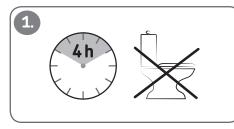
Käyttöönottopäivä: 30.01.2024

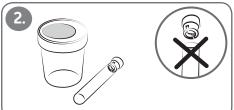
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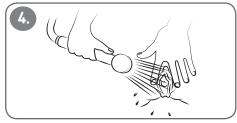
Potilasohje Tulostettu 11.03.2025

Urine sample collection: Instructions for women





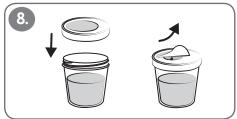




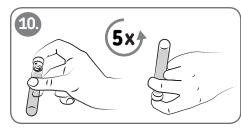


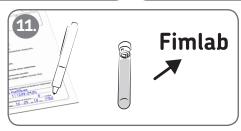












- You can collect the sample when it has been at least 4 hours since you last urinated.
- You have received a lidded container and a depressurised sample tube for sample collection. Do not remove the tube cap!
- Wash your hands.
- Spread the labia and wash the vulva with a hand shower.
- Dry with a toilet tissue by wiping from front to back.
- Remove the sample container lid. Let a little bit of urine run into the toilet.

- Collect an uninterrupted stream of urine in the container (2/3 of the container). Do not touch the inside of the container. You can let the rest of the urine run into the toilet.
- Close the sample container lid tightly and remove the lid label. Place the container on a table.
- Press the sample tube cap first all the way against the sampling needle until urine flows into the tube. Wait until the tube is full.
- 10. Turn the tube upside down five times.
- 11. Fill in this document, and deliver it and the sample tube to the laboratory as soon as

	Personal identity code:
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Tiedosta hyöty.	Urine sample was collected/

Return this document with the sample, till in the following information:	
Name:	
Personal identity code:	
Time passed since the last urination: hours.	
Urine sample was collected / 20 at	