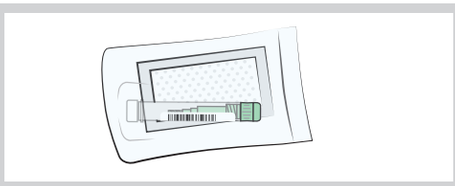
Earániskama váldinráva

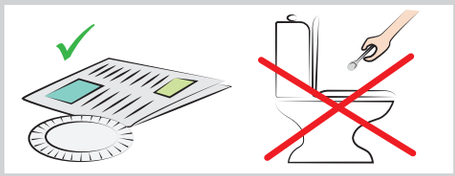
Čoalleborasdávdda sillen

1.



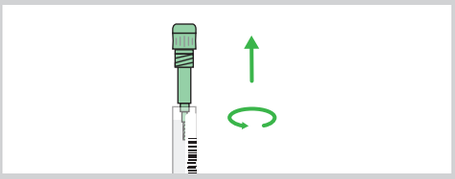
Don leat fidnen iskanbohcci dahppanláhkái seahkain iskama váldima várás. Iskanbohcci siste lea ivnnehis golggus. Seahka siste lea maiddái njammásahttinguoddá poastasáddema várás; seaillut dan seahka siste.

2.



Váldde vuogas buhtes vuloža, dego ovttagearddetallearkka dahje aviissa, man ala earánastit. Iskama **ii oaččo váldit njuolgga WC-lihtis**.

3.

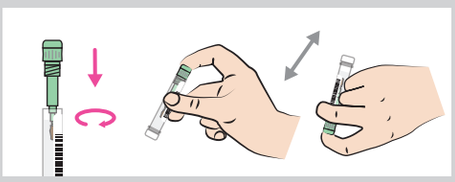


Raba iskanbohcci **ruoná** goarkka.

4.

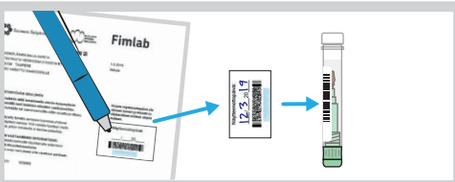
Čohkke earána iskanbohcci goarkkas leahkki sákki geahčái sihkkumiin sákki **njeallje sierra sajis** earánis. Dat lea doarvái go **sákki jeaŋŋageahči lea earánis**.

5.



Bija goarkka sákkiinis ruovttoluotta iskanbohccái, ja dahpa goarkka fuolalaččat. **Salkal iskanbohcci garrasit moddii**.
Ale raba šat goarkka.

6.

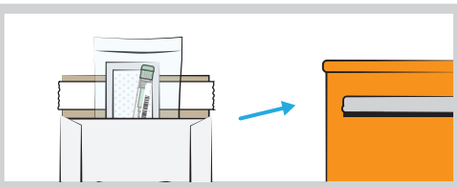


Čále ovdadiehtoskovis leahkki darvagii **beaivemeari,** ja gidde **darvaga iskanbohccái miehtut** bohccis leahkki sárggeskoda ala. Bija válmmaš iskanbohcci ruovttoluotta sehkkii, ja dahpa seahka fuolalaččat.

7.

Deavdde ovdadiehtoskovi juogo elektrovnnalaččat www.fimlab.fi/suolistoseulontalomake dahje báberveršuvdnan, man fidnejit páhka mielde.

8.



Bija iskanseahka ja vejolaš čoallesillenskovi máhcahankonvoluhttii. **Sádde máhcahankonvoluhta ovtta jándora siste**, poastamáksu lea máksojuvvon. Don oaččot bohtosiid ruktui reiven.

Geahča iskanváldima rávavideo: www.fimlab.fi/suolistosyovanseulonta_ohjeanimaatio

Lassedieđuid oaččut www.fimlab.fi/suolistoseulonta
dahje Fimlab Laboratoriot Oy:a áššehasbálvalusas tel. (03) 311 74445 árgabeivviid dii 8–16.

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